



HERE *be* LUNGS

SAILING THE SEVEN SEAS

15 & 16 March 2018 ■ Spier Estate ■ Stellenbosch

The conference will convene at Spier Estate, Stellenbosch. Stellenbosch is a scenic university town situated in the winelands of the Western Cape. Magnificent natural surroundings, graceful architecture and the inherent elegance of Spier make it the perfect venue to host the 7th Here be Lungs conference. Please visit the Spier website at www.spier.co.za should you want more information on the venue.



HOW TO GET TO SPIER ESTATE

Spier is conveniently situated in the heart of the beautiful Wine Route within 25 minute's drive from Cape Town, ten minutes from Cape Town International Airport and five minutes from Stellenbosch.

FROM CAPE TOWN

- Take the N2-Airport Road
- Continue past the Airport turnoff, this is approximately 10 km after the cooling towers.
- Take exit 33, which is the Baden Powell Drive/R310 Stellenbosch turn off.
- Turn left in the direction of Stellenbosch. Spier Estate is 9 km down the road on the right.

FROM MILNERTON/BELLVILLE & BRACKENFELL

- Take N1 and take exit 47. Turn right at the stop sign and continue to Stellenbosch on the R44. As you drive into Stellenbosch keep straight and turn right into Adam Tas Road, which has the railway line on its right. Go past Simonsberg Cheeses and Bergkelder. Turn right at sign for Cape Town and Kuilsriver –R310.
- At the sign for Muizenberg – R310, turn left, if you go past Neethlingshof turn back. Spier is approximately 5 km down the Muizenberg road on the left.

FROM SOMERSET WEST/GORDON'S BAY

- Take R44 North until you get the Annandale Road/Lynedoch turnoff.
- Turn left, continue straight until T-junction (at the Mooiberg Farmstall)
- Turn right and Spier is approximately 1 km on the right.

FROM PAARL & SURROUNDS

- Take R44 heading towards Stellenbosch.
- Same as for Milnerton areas once on the R44.



Spier Estate ■ R310 ■ Lynedoch Road ■ Stellenbosch ■ 7600
P.O Box 1078 ■ Stellenbosch ■ 7599
Tel ■ +27 21 809 1100 | Fax ■ +27 21 809 1134 | Email ■ info@spier.co.za | Web ■ www.spier.co.za
Comp Reg ■ 1999/020181/07